

Adas Yoshuron Synagogue is responsible for the Soup Kitchen the first Sunday of every month.

On March 4th Arthur Adelberg and Linda Hay Crawford will be organizing the soup kitchen efforts at St. Peters Episcopal Church. The church is located at 11 White St. in Rockland.

Please respond to Arthur (Adelberg100@gmail.com) or Linda (lindahaycrawford@gmail.com) or (207) 593-8227 if you can help set up or clean up or provide food.

What is needed:

6 on site volunteers to show up at 12:15 pm for set up, serving and clean up ending at 2 PM.

The entree will be provided by Arthur and Linda. Country Captain Chicken with rice or quinoa. In addition please let us know as soon as possible which of the following food items below you will provide and deliver to our home ([57 Hayden Point Rd, South Thomaston](#)) on Saturday March 3rd or to the Church kitchen Sunday March 4th at 12:15 pm.

- 6 boxes of cleaned ready to eat mixed salad greens
- One box cleaned ready to eat arugula salad greens
- 5 boxes of grape tomatoes
- One bag shredded carrots

Fruit Salad prepared for 10 (3 people to prepare for 10 each)

- 2 lbs butter
- 2 bottles Paul Newman Balsamic Salad Dressing

Cookies, or bar cookies. Brownies or Blondies (5 people to prepare)

- 2 gallons milk
- 2 gallons juice
- 2 gallons ice tea
- Plastic containers for take home for the for those dining..

We look forward to participating with fellow Synagogue members to make this a warm and nutritious community activity.

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